

For your life in Christ the Week of the Fifteenth Sunday after Trinity
September 14–20, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #523 "O Word of God Incarnate" (vv. 1–3)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: *Matthew 7:21*

"'Not everyone who says to me, "Lord, Lord," will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven.'"

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	92	95, 96	98, 100	101	103	105	107
Evening	94	97	99	102	104	106	108

Daily Bible Stories

Day	**Week 3: Old Testament Stories**
Monday	The Flood – The Lord Remembers Noah – Genesis 8:1–22
Tuesday	The Flood – The Promise of the Rainbow – Genesis 9:1–17 (18–29)
Wednesday	The Tower of Babel – Genesis 11:1–9
Thursday	The Call of Abram – Genesis 12:1–20
Friday	Abram and Lot – Genesis 13:1–18
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

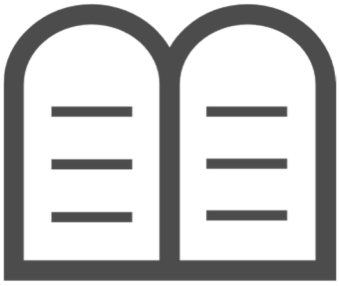
Daily Lectionary Readings

September 14	2 Chr 33:1–25, Col 1:24—2:7 *Jonah 1:1—4:11*
September 15	2 Chr 34:1-4, 8-11, 14-33, Col 2:8-23 *Nahum 1:1—3:19*
September 16	2 Chr 35:1–7, 16–25, Col 3:1–25 *Zeph 1:1—3:20*
September 17	2 Chr 36:1–23, Col 4:1–18 *Philemon 1–25*
September 18	Neh 1:1—2:10, 1 Tim 1:1–20 *Haggai 1:1—2:23*
September 19	Neh 2:11–20; 4:1–6, 1 Tim 2:1–15
September 20	Neh 4:7–23, 1 Tim 3:1–16

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



The 2nd Commandment
See p. 5 of the Learn by Heart Catechism

Catechism In-Depth
1991 Catechism: Questions #24–34
2017 Catechism: Questions #42–47

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O Lord, we implore You, let Your continual pity cleanse and defend Your Church; and because she cannot continue in safety without Your aid, preserve her evermore by Your help and goodness; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

***Liturgical Color(s) of the Week**: Green; Red*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.
Red – The color of fire and blood. Red symbolizes the gift of the Holy Spirit and the blood of the martyrs.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

September 14 – Holy Cross Day (**R**) (TDP p. 721; CS p. 168)
September 16 – Cyprian of Carthage, Pastor and Martyr (TDP p. 728; CS p. 170)

Looking Forward to Sunday

Sixteenth Sunday after Trinity
Readings: 1 Kings 17:17–24; Ephesians 3:13–21; Luke 7:11–17

Jesus Calls Forth Life from Death

A large funeral procession carrying the only son of a widow is confronted by another large procession, Jesus and His followers. Death and Life meet face to face at the gate of the city (Luke 7:11–17). Filled with compassion, Jesus comes into direct contact with our mortality in order to overcome it. He touches the coffin and speaks His creative words of life, "Young man, I say to you, arise." Jesus does what is neither expected nor requested. For through Christ, God the Father "is able to do far more abundantly than all we ask or think" (Eph. 3:14–21). Jesus bore our death in His body that we may share in His resurrection. Even as Elijah stretched himself out three times over the Zarephath woman's son (2 Kings 17:17–24), God stretched Himself out over us in the threefold application of His name in the baptismal water, breathing new and everlasting life into us. "To Him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen."