

For your life in Christ the Week of the 13th Sunday after Trinity
August 31–September 6, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #523 "O Word of God Incarnate" (v. 1)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: *1 John 1:10*

"If we say we have not sinned, we make him a liar, and his word is not in us."

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	60, 61	65	66	68	71	73	75, 76
Evening	62	63, 64	67, 70	69	72	74	77

Daily Bible Stories

Day	**Week 1: Old Testament Stories**
Monday	Creation – The First Four Days – Genesis 1:1–19
Tuesday	Creation – Days Five and Six – Genesis 1:20–31
Wednesday	Creation – The Day of Rest – Genesis 2:1–7
Thursday	Creation – Man and the Garden of Eden – Genesis 2:8–25
Friday	The Fall of Man into Sin – Genesis 3:1–8
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

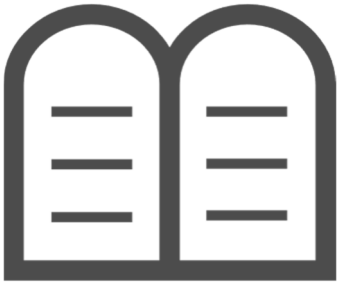
Daily Lectionary Readings

August 31	1 Kng 16:29—17:24, 2 Cor 9:1–15 *2 Cor 10:1—13:13*
September 1	1 Kng 18:1–19, Eph 1:1–23
September 2	1 Kng 18:20–40, Eph 2:1–22
September 3	1 Kng 19:1–21, Eph 3:1–21 *1 Kng 20:1—22:53*
September 4	2 Kng 2:1–18, Eph 4:1–24
September 5	2 Kng 2:19–25; 4:1–7, Eph 4:25–5:14
September 6	2 Kng 4:8–22, 32–37, Eph 5:15–33

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



The Ten Commandments
See p. 5–6 of the Learn by Heart Catechism

Catechism In-Depth
1991 Catechism: Questions #13–18
2017 Catechism: Questions #15–23

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

Almighty and everlasting God, give us an increase of faith, hope, and charity; and that we may obtain what You have promised, make us love what You have commanded; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

Liturgical Color(s) of the Week: *Green*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

September 1 – Joshua (TDP p. 680; CS p. 158)
September 3 - Gregory the Great, Pastor (TDP p. 687; CS p. 162)
September 4 - Moses (TDP p. 690; CS p. 164)
September 5 - Zacharias and Elizabeth (TDP p. 693; CS p. 166)

Looking Forward to Sunday

Fourteenth Sunday after Trinity
Readings: Proverbs 4:10–23; Galatians 5:16–24; Luke 17:11–19

The Cry of Faith: Lord, Have Mercy

The ten lepers cried out from a distance, "Jesus, Master, have mercy on us!" (Luke 17:11–19). Their condition cut them off from God and others. So also do the works of the flesh cut us off from God and others. "Those who do such things will not inherit the kingdom of God" (Gal. 5:16–24). Thus we cry out with the lepers, "Lord, have mercy; Christ, have mercy; Lord, have mercy," eagerly seeking His good gifts. Jesus said to the lepers, "Go and show yourselves to the priests." And as they went, they were cleansed. So too, we walk by faith and not by sight, being confident of Jesus' help before we see any evidence of it, trusting that Jesus' cleansing words of forgiveness will restore us to wholeness in the resurrection. Let us be as the one leper who returned to the true High Priest to give Him thanks and glory. For Jesus bore our infirmities in His sacrifice at Calvary. His words are life to those who find them, and health to all their flesh (Prov. 4:10–23).