The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home

For your life in Christ the Week of the Tenth Sunday after Trinity
August 10–16, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #594 "God's Own Child, I Gladly Say It" (vv. 1–4)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: *1 Corinthians 12:3*

"Therefore I want you to understand that no one speaking in the Spirit of God ever says 'Jesus is accursed!' and no one can say "Jesus is Lord" except in the Holy Spirit." (ESV)

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	1, 2	5	8, 9	10	14, 15	18	19, 20
Evening	3	4, 6	7	11, 12	13	16, 17	21

Daily Bible Stories

Day	**Week 50: New Testament Stories**
Monday	Jesus Is the Light of the World – John 8:12–30
Tuesday	The Truth Shall Make You Free – John 8:31–41
Wednesday	Jesus Is Confronted by the Unbelieving Jews – John 8:42–59
Thursday	A Man Born Blind Receives His Sight – John 9:1–12
Friday	The Pharisees Excommunicate the Healed Man – John 9:13–34
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

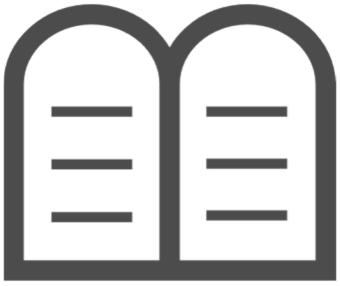
Daily Lectionary Readings

August 10	1 Sam 25:23–44, 1 Cor 4:1–21
August 11	1 Sam 26:1–25, 1 Cor 5:1–13 *1 Sam 27:1—28:2*
August 12	1 Sam 28:3–25, 1 Cor 6:1–20 *1 Sam 29:1—30:30*
August 13	1 Sam 31:1–13, 1 Cor 7:1–24
August 14	2 Sam 1:1–27, 1 Cor 7:25–40
August 15	2 Sam 5:1–25, 1 Cor 8:1–13 *(Ps 18)*
August 16	2 Sam 6:1–19, 1 Cor 9:1–23 *(Ps 105 / 96)*

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



Review Ten Commandments
See pp. 5–7 of the Learn by Heart Catechism

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O God, You declare Your almighty power above all in showing mercy and pity. Mercifully grant us such a measure of Your grace that we may obtain Your gracious promises and be made partakers of Your heavenly treasures; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.
The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

***Liturgical Color(s) of the Week**: Green; White*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.
White – The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

August 10 – Lawrence, Deacon and Martyr (G) (TDP p. 610; CS p. 138)
August 15 – St. Mary, Mother of Our Lord (W) (TDP p. 625; CS p. 140)
August 16 – Isaac (G) (TDP p. 628; CS p. 142)

Looking Forward to Sunday

Eleventh Sunday after Trinity
Readings: Genesis 4:1–15; Ephesians 2:1–10 or 1 Corinthians 15:1–10; Luke 18:9–14

The Lord Lifts Up the Lowly

"And the Lord had regard for Abel and his offering, but for Cain and his offering he had no regard" (Gen. 4:1–15). For unlike Abel, Cain's offering did not proceed from a heart that revered and trusted in the Lord. Thus, the lowly tax collector who prayed, "God, be merciful to me, a sinner!" was the one who went down to his house justified before God, not the respectable, outwardly righteous Pharisee who trusted in himself and his own good living (Luke 18:9–14). "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast" (Eph. 2:1–10). The one who penitently despairs of his own righteousness and relies completely on the atoning mercy of God in Christ is the one who is declared righteous. For Christ died for our sins and rose again the third day (1 Cor. 15:1–10). Therefore, "everyone who exalts himself will be humbled, but the one who humbles himself will be exalted."