The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home



For your life in Christ the Week of the Ninth Sunday after Trinity

August 3–9, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #594 "God's Own Child, I Gladly Say It" (vv. 1–3)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: 1 Corinthians 10:13

"No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it." (ESV)

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	136	138	140	142	144	147	148
Evening	137	139	141	143	145	146	149, 150

Daily Bible Stories

Day	**Week 49: New Testament Stories**
Monday	The Fourfold Witness – John 5:31–47
Tuesday	Jesus at the Feast of Tabernacles – John 7:1–24
Wednesday	Is This the Christ? – John 7:25–36
Thursday	The Promise of the Holy Spirit – John 7:37–52
Friday	The Woman Caught in Adultery – John 7:53–8:12
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

August 3	1 Sam 17:48—18:9, Acts 27:9–26
August 4	1 Sam 18:10–30, Acts 27:27–44
August 5	1 Sam 19:1–24, Acts 28:1–15 *(Ps 59)*
August 6	1 Sam 20:1–23, Acts 28:16–31
August 7	1 Sam 20:24–42, 1 Cor 1:1–25 *1 Sam 21:1—23:29*
August 8	1 Sam 24:1–22, 1 Cor 1:26—2:16 *(Ps 142)*
August 9	1 Sam 25:1–22, 1 Cor 3:1–23

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



To Youth, To Widows, and To Everyone

Catechism In-Depth
1991 Catechism: Page #39
2017 Catechism: Page #37

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

Let Your merciful ears, O Lord, be open to the prayers of Your humble servants; and that they may obtain their petitions, make them to ask such things as shall please You; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

Liturgical Color(s) of the Week: *Green*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

August 3 – Joanna, Mary, and Salome, Myrrhbearers (G) (TDP p. 586; CS p. 136)

Looking Forward to Sunday

Tenth Sunday after Trinity
Readings: Jeremiah 8:4–12 or Jeremiah 7:1–11; Romans 9:30—10:4 or 1 Corinthians 12:1–11; Luke 19:41–48

Jesus Weeps for Jerusalem
Our Lord wept over Jerusalem for the destruction that would soon come upon her. For she did not recognize the time of God's visitation in Christ, who had come to bring her peace (Luke 19:41–48). Through His prophets God had consistently called His people to turn from their deceit and false worship. "But My people do not know the judgments of the Lord" (Jer. 8:4–12). They sought to establish their own righteousness rather than receive Christ's righteousness through faith (Rom. 9:30–10:4). So it was that God was in His temple to cleanse it, a precursor to the once-for-all cleansing from sin which He would accomplish in the temple of His own body on the cross. God grant us to know the things that make for our peace—His visitation in the Word and Sacraments—that by the Holy Spirit we may penitently confess, "Jesus is Lord" (1 Cor. 12:1–11).