

For your life in Christ the Week of the Sixth Sunday after Trinity
July 13–19, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #609 "Jesus Sinners Doth Receive" (vv. 1–7)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: *Romans 6:11*

"So you also must consider yourselves dead to sin and alive to God in Christ Jesus." (ESV)

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	92	95, 96	98, 100	101	103	105	107
Evening	94	97	99	102	104	106	108

Daily Bible Stories

Day	**Week 46: New Testament Stories**
Monday	Render to Caesar the Things That Are Caesar's – Luke 20:20–26
Tuesday	The Sadducees Question Jesus About the Resurrection – Luke 20:27–44
Wednesday	The Widow's Two Mites – Luke 20:45—21:4
Thursday	The Signs of the End – Luke 21:5–19
Friday	The Destruction of Jerusalem and Signs of Christ's Coming – Luke 21:20–28
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

July 13	Judg 13:1–25, Gal 2:1–21 *Ruth 1:1—4:22*
July 14	Judg 14:1–20, Gal 3:1–22
July 15	Judg 15:1—16:3, Gal 3:23—4:11
July 16	Judg 16:4–30, Gal 4:12–31 *Judg 17:1—21:25*
July 17	1 Sam 1:1–20, Gal 5:1–26
July 18	1 Sam 1:21—2:17, Gal 6:1–18
July 19	1 Sam 2:18–36, Acts 15:22–41

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



Table of Duties: To Husbands and To Wives

Catechism In-Depth
1991 Catechism: Page #38
2017 Catechism: Page #35

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

Lord of all power and might, author and giver of all good things, graft into our hearts the love of Your name, increase in us true religion, nourish us with all goodness, and of Your great mercy keep us in the same; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

Liturgical Color(s) of the Week: *Green*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

July 16 – Ruth (G) (TDP p. 530; CS p. 118)

Looking Forward to Sunday

Seventh Sunday after Trinity
Readings: Genesis 2:7–17; Romans 6:19–23; Mark 8:1–9

Jesus Restores Paradise and Feeds Us Freely

In the Garden of Eden, our first parents received food freely from the gracious hand of God, apart from any burdensome work (Gen 2:7–17). But after the fall, food would be received only through toil and labor. The curse declared, "By the sweat of your face you shall eat bread, till you return to the ground . . ." (Gen. 3:19). In other words, "The wages of sin is death" (Rom. 6:23). But into this wilderness world came Jesus the Messiah to restore creation. Having compassion on the weary multitudes, He renewed the bounty of Eden on the third day, freely granting an abundance of bread to the 4,000 (Mark 8:1–9). So also our Lord Jesus, having endured the burden of our sin, was raised on the third day to bring us back to Paradise. He now miraculously turns the bread of death into the Bread of Life in the Sacrament, giving you His very body and blood for your forgiveness. For "the free gift of God is eternal life in Christ Jesus our Lord" (Rom. 6:23).