The Family Altar

A Guide for Daily Meditation and Prayer in the Christian Home



For your life in Christ the Week of the Fifth Sunday after Trinity

July 6–12, 2026

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #609 "Jesus Sinners Doth Receive" (vv. 1–6)

Recite

Apostles' Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: 1 Peter 3:8–9

"Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind. Do not repay evil for evil or reviling for reviling, but on the contrary, bless, for to this you were called, that you may obtain a blessing." (ESV)

Meditate

Psalm: *60-Day Psalm Schedule*

	Mon.	***Tues.***	***Wed.***	***Thurs.***	***Fri.***	***Sat.***	***Sun.***
Morning	78	80	82, 84	85	88	89	91
Evening	79	81	83	86	87	90	93

Daily Bible Stories

Day	**Week 45: New Testament Stories**
Monday	Jesus Heals Blind Bartimaeus – Luke 18:35–43
Tuesday	Jesus Comes to Zacchaeus's House – Luke 19:1–10
Wednesday	The Parable of the Minas – Luke 19:11–28
Thursday	Palm Sunday – Luke 19:29–48
Friday	The Parable of the Wicked Vinedressers – Luke 20:1–19
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

July 6	Josh 24:1–31, Acts 13:1–12 *Judg 1:1–36*
July 7	Judg 2:6–23, Acts 13:13–41
July 8	Judg 3:7–31, Acts 13:42–52
July 9	Judg 4:1–24, Acts 14:1–18 *Judg 5:1–31*
July 10	Judg 6:1–24, Acts 14:19—15:5
July 11	Judg 6:25–40, Acts 15:6–21
July 12	Judg 7:1–23, Gal 1:1–24 *Judg 7:24—12:15*

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.



Table of Duties: Of Citizens

Catechism In-Depth
1991 Catechism: Pages #37–38
2017 Catechism: Pages #34–35

Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O God, You have prepared for those who love You good things that surpass all understanding. Pour into our hearts such love toward You that we, loving You above all things, may obtain Your promises, which exceed all that we can desire; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.
Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.
Amen.

Observing the Church Year

Liturgical Color(s) of the Week: *Green*

Green – The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year
1. TDP– "Treasury of Daily Prayer"
2. CS– "Celebrating the Saints"

July 6 – Isaiah (**G**) (TDP p. 498; CS p. 116)

Looking Forward to Sunday

Sixth Sunday after Trinity
Readings: Exodus 20:1–17; Romans 6:(1–2) 3–11; Matthew 5:(17–19) 20–26

Our Only Hope Is in Christ's Righteousness

"Unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven" (Matt. 5:20). God demands nothing less than perfection and holiness from you in regard to His commandments (Ex. 20:1–17). Your only hope, then, is not in your own goodness but in the goodness of Christ, who did not come to destroy the Law and the Prophets, but to fulfill them for you. In Christ, your righteousness does indeed exceed that of the scribes and Pharisees. For you have been baptized into Christ's death and your sinful nature crucified. Therefore, he who has died has been freed from sin (Rom. 6:1–11). You are now raised with Christ to walk in newness of life and to share in His resurrection on the Last Day. Christ has brought you through the baptismal sea "out of the land of Egypt, out of the house of slavery" (Ex. 20:2). Therefore, "consider yourselves dead to sin and alive to God in Christ Jesus" (Rom. 6:11).