



## For your life in Christ the Week of Septuagesima

February 2-8, 2025

*How to use this resource:* Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

### *Begin*

#### *Invocation*

*The sign of the cross + may be made by all in remembrance of their baptism.*  
In the name of the Father and of the + Son and of the Holy Spirit.  
**Amen.**

#### *Hymn of the Week*

LSB #732 “All Depends on Our Possessing” (vv. 1-2)

### *Recite*

#### *Apostles’ Creed*

I believe in God, the Father Almighty, maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

#### *Verse of the Week: 1 Corinthians 9:27*

“But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.” (ESV)

*The Family Altar*

A Guide for Daily Meditation and  
Prayer in the Christian Home

## *Meditate*

### *Psalm: 60-Day Psalm Schedule*

|                | <i>Mon.</i> | <i>Tues.</i> | <i>Wed.</i> | <i>Thurs.</i> | <i>Fri.</i> | <i>Sat.</i> | <i>Sun.</i> |
|----------------|-------------|--------------|-------------|---------------|-------------|-------------|-------------|
| <b>Morning</b> | 1, 2        | 5            | 8, 9        | 10            | 14, 15      | 18          | 19, 20      |
| <b>Evening</b> | 3           | 4, 6         | 7           | 11, 12        | 13          | 16, 17      | 21          |

### *Daily Bible Stories*

| <i>Day</i>       | <b>Week 23: Old Testament and New Testament Stories</b>  |
|------------------|--|
| <b>Monday</b>    | The Rebuilding of the Temple - Ezra 3:1-13               |
| <b>Tuesday</b>   | Nehemiah's Prayer - Nehemiah 1:1-2:6                     |
| <b>Wednesday</b> | Ezra Reads from the Torah - Nehemiah 7:73c-8:12          |
| <b>Thursday</b>  | The Israelites Confess Their Sins - Nehemiah 9:1-38      |
| <b>Friday</b>    | The Baptism and Genealogy of Jesus - Luke 3:(1-20) 21-38 |
| <b>Saturday</b>  | Look Ahead to Sunday's Readings (see last page)          |
| <b>Sunday</b>    | Attend Divine Service                                    |

### *Daily Lectionary Readings*

|                   |                               |
|-------------------|-------------------------------|
| <b>February 2</b> | Zech 12:1-13:9, Titus 1:1-2:6 |
| <b>February 3</b> | Zech 14:1-21, Titus 2:7-3:15  |
| <b>February 4</b> | Job 1:1-22, John 1:1-18       |
| <b>February 5</b> | Job 2:1-3:10, John 1:19-34    |
| <b>February 6</b> | Job 3:11-26, John 1:35-51     |
| <b>February 7</b> | Job 4:1-21, John 2:1-12       |
| <b>February 8</b> | Job 5:1-27, John 2:13-25      |

## *Study*

### *The Catechism*

*Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.*

#### **The 3<sup>rd</sup> Article of the Creed (Part 3)**

See p. 10 of the Learn By Heart Catechism

#### **Catechism In-Depth**

1991 Catechism: Questions #187-192

2017 Catechism: Questions #219-229

#### **Catechism Bible Story**

The Second Coming and Judgement Day - Mark 13:21-37



## *Pray*

### *Kyrie*

Lord, have mercy. Christ, have mercy. Lord, have mercy.

### *Lord's Prayer*

#### *Collect for the Week:*

O Lord, graciously hear the prayers of Your people that we who justly suffer the consequence of our sin may be mercifully delivered by Your goodness to the glory of Your name; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

#### *Daily Themes for Prayer*

**Monday:** Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

*Morning or Evening Prayer from the Catechism*

## Close

### *Blessing*

Let us bless the Lord.

### **Thanks be to God.**

The almighty and merciful Lord, the Father, the + Son,  
and the Holy Spirit, bless and preserve us.

**Amen.**

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## Observing the Church Year

### *Liturgical Color(s) of the Week: Green; White*

*Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.*

*White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.*

### **Feasts, Festivals, and Commemorations This Week**

*NOTE: The following resources contain great summaries of the observances of the church year*

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

February 2 - The Purification of Mary and the Presentation of our Lord (W) (TDP p. 1176; CS p. 30)

February 5 - Jacob (Israel), Patriarch (G) (TDP p. 1276; CS p. 32)

### **Looking Forward to Sunday**

#### **Sexagesima**

**Readings:** Isaiah 55:10-13; 2 Corinthians 11:19-12:9 or Hebrews 4:9-13; Luke 8:4-15

#### **Scripture Alone**

The Sower sows the seed of His Word (Luke 8:4-15). This Word is living and powerful (Heb. 4:9-13) to conceive new life in those who hear it. But the planting of Christ is attacked by the devil, the world, and the flesh. Satan snatches the Word away from hard hearts. The riches and pleasures of this life choke off faith. Shallow and emotional belief withers in time of temptation and trouble. But see how Christ bears this attack for us! Christ's cross was planted in the hard and rocky soil of Golgotha. A crown of thorns was placed upon His head. Satan and His demons hellishly hounded and devoured Him. Yet, through His dying and rising again, He destroyed these enemies of ours. Jesus is Himself the Seed which fell to the ground and died in order that it might sprout forth to new life and produce much grain. In Him, the weak are strong (2 Cor. 11:19-12:9). He is the Word of the Father which does not return void (Is. 55:10-13) but yields a harvest hundredfold.