



## For your life in Christ the Week of the Transfiguration of Our Lord

January 26–February 1, 2026

*How to use this resource:* Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

### *Begin*

#### *Invocation*

*The sign of the cross + may be made by all in remembrance of their baptism.*  
In the name of the Father and of the + Son and of the Holy Spirit.  
**Amen.**

#### *Hymn of the Week*

LSB #874 “O Splendor of God’s Glory Bright” (vv. 1–6)

### *Recite*

#### *Apostles’ Creed*

I believe in God, the Father Almighty, maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

#### *Verse of the Week: 2 Peter 1:19*

“And we have the prophetic word more fully confirmed, to which you will do well to pay attention as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts,” (ESV)

*The Family Altar*

A Guide for Daily Meditation and  
Prayer in the Christian Home

## *Meditate*

### *Psalm: 60-Day Psalm Schedule*

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
<b>Morning</b>	136	138	140	142	144	147	148
<b>Evening</b>	137	139	141	143	145	146	149, 150

### *Daily Bible Stories*

<i>Day</i>	<b>Week 22: Old Testament Stories</b>
<b>Monday</b>	Daniel's Dream of the Four Beasts - Daniel 7:1-28
<b>Tuesday</b>	Daniel's Prayer - Daniel 9:1-6, 17-27
<b>Wednesday</b>	Daniel's Vision of a Man - Daniel 10:1-11:4 (12:1-13)
<b>Thursday</b>	The Proclamation of Cyrus the King of Persia - 2 Chronicles 36:22-23
<b>Friday</b>	The End of the Babylonian Captivity - Ezra 1:1-11
<b>Saturday</b>	Look Ahead to Sunday's Readings (see last page)
<b>Sunday</b>	Attend Divine Service

### *Daily Lectionary Readings*

<b>January 26</b>	Zech 2:1-3:10, Rom 15:1-13
<b>January 27</b>	Zech 4:1-5:11, Rom 15:14-33
<b>January 28</b>	Zech 6:1-7:14, Rom 16:17-27
<b>January 29</b>	Zech 8:1-23, 2 Tim 1:1-18
<b>January 30</b>	Zech 9:1-17, 2 Tim 2:1-26
<b>January 31</b>	Zech 10:1-11:3, 2 Tim 3:1-18
<b>February 1</b>	Zech 11:4-17, 2 Tim 4:1-18

## *Study*

### *The Catechism*

*Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.*

#### **The 3rd Article of the Creed (Part 2)**

See p. 10 of the Learn by Heart Catechism

#### **Catechism In-Depth**

1991 Catechism: Questions #169-186

2017 Catechism: Questions #201-218

#### **Catechism Bible Story**

The Day of Pentecost - Acts 2:1-42



## *Pray*

### *Kyrie*

Lord, have mercy. Christ, have mercy. Lord, have mercy.

### *Lord's Prayer*

#### *Collect for the Week:*

O God, in the glorious transfiguration of Your beloved Son You confirmed the mysteries of the faith by the testimony of Moses and Elijah. In the voice that came from the bright cloud You wonderfully foreshowed our adoption by grace. Mercifully make us co-heirs with the King in His glory and bring us to the fullness of our inheritance in heaven; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

#### *Daily Themes for Prayer*

**Monday:** Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

*Morning or Evening Prayer from the Catechism*

## Close

### *Blessing*

Let us bless the Lord.

**Thanks be to God.**

The almighty and merciful Lord, the Father, the + Son,  
and the Holy Spirit, bless and preserve us.

**Amen.**

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## Observing the Church Year

### *Liturgical Color(s) of the Week: White; Red; Green*

*White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.*

*Red - The color of fire and blood. Red symbolizes the gift of the Holy Spirit and the blood of the martyrs.*

*Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.*

### *Feasts, Festivals, and Commemorations This Week*

*NOTE: The following resources contain great summaries of the observances of the church year*

1. TDP— "Treasury of Daily Prayer"
2. CS— "Celebrating the Saints"

January 26 - St. Titus, Pastor and Confessor (R) (TDP p. 1155; CS p. 26)

January 27 - St. John Chrysostom, Preacher Patriarch (G) (TDP p. 1158; CS p. 28)

### *Looking Forward to Sunday*

#### **Septuagesima**

**Readings:** Exodus 17:1-7; 1 Corinthians 9:24-10:5; Matthew 20:1-16

#### **Grace Alone**

The people of Israel contended with the Lord in the wilderness (Ex. 17:1-7). They were dissatisfied with His provision. In the same way, the first laborers in the vineyard complained against the landowner for the wage he provided them (Matt. 20:1-16). They charged him with being unfair, but in reality he was being generous. For the Lord does not wish to deal with us on the basis of what we deserve but on the basis of His abounding grace in Christ. The first—those who rely on their own merits—will be last. "For they were overthrown in the wilderness" (1 Cor. 10:5). But the last, those who rely on Christ, will be first. For Christ is the Rock (1 Cor. 9:24-10:5). He is the One who was struck and from whose side blood and water flowed that we may be cleansed of our sin.