



For your life in Christ the Week of
the First Sunday in Advent
(Ad Te Levavi)
December 1-7, 2025

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.
In the name of the Father and of the + Son and of the Holy Spirit.
Amen.

Hymn of the Week

LSB #350 “Come, Thou Precious Ransome, Come” (vv. 1-2)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: Romans 13:11

“Besides this you know the time, that the hour has come for you to wake from sleep. For salvation is nearer to us now than when we first believed.” (ESV)

The Family Altar
A Guide for Daily Meditation and
Prayer in the Christian Home

Meditate

Psalm: 60-Day Psalm Schedule

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
Morning	1, 2	5	8, 9	10	14, 15	18	19, 20
Evening	3	4, 6	7	11, 12	13	16, 17	21

Daily Bible Stories

<i>Day</i>	Week 14: Old Testament Stories
Monday	King Hezekiah of Judah - 2 Kings 18:1-8
Tuesday	Hezekiah Purifies the Temple - 2 Chronicles 28:22-29:36
Wednesday	Hezekiah Celebrates the Passover - 2 Chronicles 30:1-31:1
Thursday	The Destruction of Sennacherib's Army - 2 Chronicles 32:1-23
Friday	King Hezekiah's Life Is Extended - 2 Kings 21:1-11
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

December 1	Is 7:10-8:8, 1 Pet 3:1-22
December 2	Is 8:9-9:7, 1 Pet 4:1-19
December 3	Is 9:8-10:11, 1 Pet 5:1-14
December 4	Is 10:12-27a, 33-34, 2 Pet 1:1-21
December 5	Is 11:1-12:6, 2 Pet 2:1-22
December 6	Is 14:1-23, 2 Pet 3:1-18
December 7	Is 24:1-13, 1 John 1:1-2:14

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

2nd Article of the Creed (Continue Memorizing)

See p. 9 of the Learn by Heart Catechism



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

Stir up Your power, O Lord, and come, that by Your protection we may be rescued from the threatening perils of our sins and saved by Your mighty deliverance; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: Blue

Blue - The color of the sky, helps convey a message of hope. Just as Christ ascended into heaven by being lifted up into the blue sky, we wait for Him to return from that same blue sky on the last day.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

December 4 - John of Damascus, Theologian and Hymnwriter (B) (TDP p. 981; CS p. 218)

December 6 - Nicholas of Myra, Pastor (B) (TDP p. 989; CS p. 220)

December 7 - Ambrose of Milan, Pastor and Hymnwriter (B) (TDP p. 992; CS p. 222)

Looking Forward to Sunday

Second Sunday in Advent (Populus Zion)

Readings: Malachi 4:1-6; Romans 15:4-13; Luke 21:25-36

The Lord Comes on the Last Day

The day on which our Lord returns will be a "great and awesome day" (Mal. 4:5). For He will come in a cloud with great power and glory. To the wicked and the proud, it will be a Day of judgment that will "set them ablaze" (Mal. 4:1). The signs preceding this Day will bring them fear and fainting. But to those who believe, who fear the name of the Lord, this Day is one to look forward to and rejoice in: ". . . straighten up and raise your heads, because your redemption is drawing near" (Luke 21:28). Christ our Redeemer is coming; the Sun of Righteousness will bring healing in His wings. Let us, then, give attention to the words of the Lord, which do not pass away. Let us "through endurance and through the encouragement of the Scriptures" (Rom. 15:4) be strengthened in our hope by the Holy Spirit and watch diligently for Jesus' coming. Then, by God's grace, we shall escape all these things that will come to pass and stand before the Son of Man.