



## For your life in Christ the Week of the Third Sunday in Lent (Oculi)

March 4-10, 2024

*How to use this resource:* Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

### *Begin*

#### *Invocation*

*The sign of the cross + may be made by all in remembrance of their baptism.*  
In the name of the Father and of the + Son and of the Holy Spirit.  
**Amen.**

#### *Hymn of the Week*

LSB #743 “Jesus, Priceless Treasure” (vv. 1-3)

### *Recite*

#### *Apostles’ Creed*

I believe in God, the Father Almighty, maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

#### *Verse of the Week: 1 Corinthians 5:7*

“Cleanse out the old leaven that you may be a new lump, as you really are unleavened. For Christ, our Passover lamb, has been sacrificed.”

*The Family Altar*

A Guide for Daily Meditation and  
Prayer in the Christian Home

## *Meditate*

### *Psalm: 60-Day Psalm Schedule*

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
<b>Morning</b>	109	112, 113	115	117, 118	119:1-24	119:49-72	119:89-112
<b>Evening</b>	110, 111	114	116	120, 121	119:25-48	119:73-88	119:113-136

### *Daily Bible Stories*

<i>Day</i>	<b>Week 27: Lent Stories - The Passion According to Mark and Luke</b>
<b>Monday</b>	Jesus Faces the Sanhedrin - Mark 14:53-72
<b>Tuesday</b>	Jesus Faces Pontius Pilate - Mark 15:1-15
<b>Wednesday</b>	The King of the Jews Is Mocked - Mark 15:16-32
<b>Thursday</b>	Jesus Death and Burial - Mark 15:33-47
<b>Friday</b>	Palm Sunday - Luke 19:29-48
<b>Saturday</b>	Look Ahead to Sunday's Readings (see last page)
<b>Sunday</b>	Attend Divine Service

### *Daily Lectionary Readings*

<b>Monday</b>	Gen 29:1-30, Mark 9:14-32 <i>Gen 29:31-34:31</i>
<b>Tuesday</b>	Gen 35:1-29, Mark 9:33-50
<b>Wednesday</b>	Gen 37:1-36, Mark 10:1-12
<b>Thursday</b>	Gen 39:1-23, Mark 10:13-31
<b>Friday</b>	Gen 40:1-23, Mark 10:32-52
<b>Saturday</b>	Gen 41:1-27, Mark 11:1-19
<b>4<sup>th</sup> Sunday in Lent</b>	Gen 41:28-57, Mark 11:20-33

## *Study*

### *The Catechism*

*Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.*

### **Review 3rd Article of the Creed**

See p. 9 of the Learn by Heart Catechism

## *Pray*

### *Kyrie*

Lord, have mercy. Christ, have mercy. Lord, have mercy.

### *Lord's Prayer*

#### *Collect for the Week:*

Almighty God, our heavenly Father, Your mercies are new every morning; and though we deserve only punishment, You receive us as Your children and provide for all our needs of body and soul. Grant that we may heartily acknowledge Your merciful goodness, give thanks for all Your benefits, and serve You in willing obedience; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

#### *Daily Themes for Prayer*

**Monday:** Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

*Morning or Evening Prayer from the Catechism*



## *Close*

### *Blessing*

Let us bless the Lord.

**Thanks be to God.**

The almighty and merciful Lord, the Father, the + Son,  
and the Holy Spirit, bless and preserve us.

**Amen.**

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## Observing the Church Year

### *Liturgical Color(s) of the Week: Violet*

*Violet - The color of penitence and self-discipline characteristic of the season. Also a reminder of the mocking royal robe placed on Jesus by the soldiers.*

### *Feasts, Festivals, and Commemorations This Week*

*NOTE: The following resources contain great summaries of the observances of the church year*

*1. TDP- "Treasury of Daily Prayer"*

*2. CS- "Celebrating the Saints"*

March 7 - Perpetua and Felicitas, Martyrs (R) (TDP p. 1284; CS p. 50)

### *Looking Forward to Sunday*

#### **The Fourth Sunday in Lent (Laetare)**

**Readings:** Exodus 16:2-21 or Isaiah 49:8-13; Galatians 4:21-31 or Acts 2:41-47; John 6:1-15

#### **The Lord Feeds His People**

The Lord provided bread from heaven for His people in the wilderness (Ex. 16:2-21). Now He who is Himself the living bread from heaven miraculously provides bread for the five thousand (John 6:1-15). This takes place near the time of the Passover, after a great multitude had followed Jesus across the sea, and when He went up on a mountain. Seen in this way, Jesus is our new and greater Moses, who releases us from the bondage of Mount Sinai and makes us free children of the promise (Gal. 4:21-31). Five loaves become twelve baskets—that is, the five books of Moses find their goal and fulfillment in Christ, whose people continue steadfastly in the doctrine and fellowship of the twelve apostles, and in the breaking and receiving of the bread of life, which is the body of Christ, together with His precious blood, and in the prayers (Acts 2:41-47). So it is that God's people "*shall not hunger or thirst*" (Is. 49:8-13). For He abundantly provides for us in both body and soul.