



**For your life in Christ the Week of
the Seventh Sunday of Easter (Exaudi)
May 22-28, 2023**

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

*The sign of the cross + may be made by all in remembrance of their baptism.
In the name of the Father and of the + Son and of the Holy Spirit.
Amen.*

Hymn of the Week

LSB #458 “Christ Jesus Lay in Death’s Strong Bands” (vv. 1-7)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: 1 Corinthians 10:16

“The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?” (ESV)

The Family Altar

*A Guide for Daily Meditation and
Prayer in the Christian Home*

Meditate

Psalm: 60-Day Psalm Schedule

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
Morning	22	26, 27	30	32	33	35	37
Evening	23, 24	25	28, 29	31	34	36	38

Daily Bible Stories

<i>Day</i>	Week 38: Catechism Stories (The Sacrament of the Altar - Nature and Benefits)
Monday	The Tree of Knowledge and the Tree of Life - Genesis 2:4-17
Tuesday	Man Eats the Forbidden Fruit - Genesis 3:1-24
Wednesday	The Passover - Exodus 12:1-14, 17
Thursday	The Wedding in Cana of Galilee - John 2:1-11
Friday	The Bread from Heaven - Exodus 16:1-15, 31
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

Monday	Num 14:26-45, Luke 18:35-19:10 <i>Num 15:1-41</i>
Tuesday	Num 16:1-22, Luke 19:11-28
Wednesday	Num 16:23-40, Luke 19:29-48
Thursday	Num 16:41-17:13, Luke 20:1-18 <i>Num 18:1-19:22</i>
Friday	Num 20:1-21, Luke 20:19-44
Saturday	Num 20:22-21:9, Luke 20:45-21:19
Pentecost Sunday	Num 21:10-35, Luke 21:20-38

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

The Sacrament of the Altar - Part 1

See p. 18 of the Learn by Heart Catechism

Catechism In-Depth

1991 Catechism: Questions #285-295

2017 Catechism: Questions #348-361



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O King of glory, Lord of hosts, uplifted in triumph far above all heavens, leave us not without consolation but send us the Spirit of truth whom You promised from the Father; for You live and reign with Him and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: White; Red

White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.

Red - The color of fire and blood. Red symbolizes the gift of the Holy Spirit and the blood of the martyrs.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

May 24 - Esther (W) (TDP p. 1298; CS p. 86)

May 25 - Bede the Venerable, Theologian (W) (TDP p. 1299; CS p. 88)

May 28 - Pentecost (R) (TDP p. 330; CS pp. 276-277)

Looking Forward to Sunday

The Day of Pentecost

Readings: Genesis 11:1-9; Acts 2:1-21; John 14:23-31

The Holy Spirit Gives Peace

Following the flood, Noah's descendants failed to spread out and fill the earth as God had spoken. Rather, they exalted themselves; with "one language and the same words" (Gen. 11:1) they spoke proudly and arrogantly. The Lord humbled them by confusing "the language of all the earth," dividing and dispersing the people (Gen. 11:9). That dispersal was reversed on Pentecost Day (the fiftieth day of Easter), when God caused the one Gospel of the Lord Jesus Christ to be preached in a multitude of languages. "At this sound the multitude came together" (Acts 2:6), for the preaching of Christ is the primary work of the Holy Spirit, whereby He gathers people from all nations into one Church. The Holy Spirit teaches and brings to our remembrance the words of Jesus, which are the words of the Father who sent Him. These words bestow forgiveness and peace to those who keep and hold on to them in love for Jesus. "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid" (John 14:27).