



**For your life in Christ the Week of
the Transfiguration of Our Lord**
January 30–February 5, 2023

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.

Amen.

Hymn of the Week

LSB #873 “Christ, Whose Glory Fills the Skies” (v. 1)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: Psalm 16:11

“You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.” (ESV)

The Family Altar

**A Guide for Daily Meditation and
Prayer in the Christian Home**

Meditate

Psalm: 60-Day Psalm Schedule

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
Morning	60, 61	65	66	68	71	73	75, 76
Evening	62	63, 64	67, 70	69	72	74	77

Daily Bible Stories

<i>Day</i>	Week 22: Catechism Stories (3rd Article of the Creed - Life Everlasting)
Monday	The Parable of the Fig Tree - Matthew 24:32-42
Tuesday	The Faithful Servant - Matthew 24:42-51
Wednesday	The Parable of the Wise and Foolish Virgins - Matthew 25:1-13
Thursday	The Second Coming in Judgment - Matthew 25:31-46
Friday	Jesus Forgives and Heals a Paralytic Man - Mark 2:1-12
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

January 30	Zech 9:1-17, 2 Tim 2:1-26
January 31	Zech 10:1-11:3, 2 Tim 3:1-18
February 1	Zech 11:4-17, 2 Tim 4:1-18
February 2	Zech 12:1-13:9, Titus 1:1-2:6
February 3	Zech 14:1-21, Titus 2:7-3:15
February 4	Job 1:1-22, John 1:1-18
February 5	Job 2:1-3:10, John 1:19-34

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

The 3rd Article of the Creed (Part 3)

See p. 10 of the Learn by Heart Catechism

Catechism In-Depth

1991 Catechism: Questions #187-192

2017 Catechism: Questions #219-229



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O God, in the glorious transfiguration of Your beloved Son You confirmed the mysteries of the faith by the testimony of Moses and Elijah. In the voice that came from the bright cloud You wonderfully foreshowed our adoption by grace. Mercifully make us co-heirs with the King in His glory and bring us to the fullness of our inheritance in heaven; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: Green; White

Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

February 2 - The Purification of Mary and the Presentation of our Lord (W) (TDP p. 1176; CS p. 30)

February 5 - Jacob (Israel), Patriarch (G) (TDP p. 1276; CS p. 32)

Looking Forward to Sunday

Septuagesima

Readings: Exodus 17:1-7; 1 Corinthians 9:24-10:5; Matthew 20:1-16

Grace Alone

The people of Israel contended with the Lord in the wilderness (Ex. 17:1-7). They were dissatisfied with His provision. In the same way, the first laborers in the vineyard complained against the landowner for the wage he provided them (Matt. 20:1-16). They charged him with being unfair, but in reality he was being generous. For the Lord does not wish to deal with us on the basis of what we deserve but on the basis of His abounding grace in Christ. The first—those who rely on their own merits—will be last. *"For they were overthrown in the wilderness"* (1 Cor. 10:5). But the last, those who rely on Christ, will be first. For Christ is the Rock (1 Cor. 9:24-10:5). He is the One who was struck and from whose side blood and water flowed that we may be cleansed of our sin.