



**For your life in Christ the Week of
the Fifth Sunday after Trinity
July 18-24, 2022**

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.

Amen.

Hymn of the Week

LSB #839 “O Christ, Our True and Only Light” (vv. 1-3)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: 1 Timothy 2:1-3

“I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior.” (ESV)

The Family Altar

**A Guide for Daily Meditation and
Prayer in the Christian Home**

Meditate

Psalm: 60-Day Psalm Schedule

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
Morning	40	42, 43	45	48, 49	51	54, 56	59
Evening	39, 41	44	46, 47	50	52, 53	55	57, 58

Daily Bible Stories

<i>Day</i>	Week 46: New Testament Stories
Monday	The Mustard Seed and the Leaven - Luke 13:18-35
Tuesday	A Man with Dropsy Is Healed on the Sabbath - Luke 14:1-14
Wednesday	The Parable of the Great Supper - Luke 14:15-35
Thursday	The Parables of the Lost Sheep and the Lost Coin - Luke 15:1-10
Friday	The Parable of the Prodigal Son - Luke 15:11-32
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

July 18	1 Sam 1:21-2:17, Gal 6:1-18
July 19	1 Sam 2:18-36, Acts 15:22-41
July 20	1 Sam 3:1-21, Acts 16:1-22
July 21	1 Sam 4:1-22, Acts 16:23-40 <i>Acts 17:1-34</i>
July 22	1 Sam 5:1-6:3, 10-16, Acts 18:1-11, 23-28
July 23	1 Sam 6:19-7:17, Acts 19:1-22 <i>Acts 19:23-21:14</i>
July 24	1 Sam 8:1-22, Acts 21:15-36

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

Table of Duties: Of Citizens

Catechism In-Depth

1991 Catechism: Pages #37-38

2017 Catechism: Pages #34-35



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O God, You have prepared for those who love You good things that surpass all understanding. Pour into our hearts such love toward You that we, loving You above all things, may obtain Your promises, which exceed all that we can desire; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: Green; White

Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

July 20 - Elijah (G) (TDP p. 542; CS p. 120)

July 21 - Ezekiel (G) (TDP p. 546; CS p. 122)

July 22 - St. Mary Magdalene (W) (TDP p. 549; CS p. 124)

Looking Forward to Sunday

The Sixth Sunday after Trinity

Readings: Exodus 20:1-17; Romans 6:(1-2) 3-11; Matthew 5:(17-19) 20-26

Our Only Hope Is in Christ's Righteousness

"Unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven" (Matt 5:20). God demands nothing less than perfection and holiness from you in regard to His commandments (Ex. 20:1-17). Your only hope, then, is not in your own goodness but in the goodness of Christ, who did not come to destroy the Law and the Prophets, but to fulfill them for you. In Christ, your righteousness does indeed exceed that of the scribes and Pharisees. For you have been baptized into Christ's death and your sinful nature crucified. Therefore, he who has died has been freed from sin (Rom. 6:1-11). You are now raised with Christ to walk in newness of life and to share in His resurrection on the Last Day. Christ has brought you through the baptismal sea "out of the land of Egypt, out of the house of slavery" (Ex. 20:2). Therefore, "consider yourselves dead to sin and alive to God in Christ Jesus" (Rom. 6:11).