



**For your life in Christ the Week of
Sexagesima**

February 8-14, 2021

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

The sign of the cross + may be made by all in remembrance of their baptism.

In the name of the Father and of the + Son and of the Holy Spirit.

Amen.

Hymn of the Week

LSB #423 “Jesus, Refuge of the Weary” (v. 1-2)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: Psalm 16:11

“You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.”

The Family Altar

**A Guide for Daily Meditation and
Prayer in the Christian Home**

Meditate

Psalm: 60-Day Psalm Schedule

| | <i>Mon.</i> | <i>Tues.</i> | <i>Wed.</i> | <i>Thurs.</i> | <i>Fri.</i> | <i>Sat.</i> | <i>Sun.</i> |
|----------------|-------------|--------------|-------------|---------------|-------------|-------------|-------------|
| Morning | 136 | 138 | 140 | 142 | 144 | 147 | 148 |
| Evening | 137 | 139 | 141 | 143 | 145 | 146 | 149, 150 |

Daily Bible Stories

| <i>Day</i> | Week 23: Old Testament Stories |
|------------------|---|
| Monday | Saul's Unlawful Sacrifice - 1 Samuel 13:1-14 |
| Tuesday | Saul's Wars and His Unfaithfulness - 1 Samuel 15:10-35 |
| Wednesday | The Second Coming in Judgment - Matthew 25:31-46 |
| Thursday | Saul Is Rejected by the Lord - 1 Samuel 15:10-35 |
| Friday | David Is Anointed King - 1 Samuel 16:1-13 |
| Saturday | Look Ahead to Sunday's Readings (see last page) |
| Sunday | Attend Divine Service |

Daily Lectionary Readings

| | |
|--------------------|----------------------------|
| February 8 | Job 5:1-27, John 2:13-25 |
| February 9 | Job 6:1-13, John 3:1-21 |
| February 10 | Job 6:14-30, John 3:22-4:6 |
| February 11 | Job 7:1-21, John 4:7-26 |
| February 12 | Job 8:1-22, John 4:27-45 |
| February 13 | Job 9:1-35, John 4:46-54 |
| February 14 | Job 10:1-22, John 5:1-18 |

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

The 3rd Article of the Creed (Part 3)

See p. 10 of the Learn by Heart Catechism

Catechism In-Depth

1991 Catechism: Questions #187–192

2017 Catechism: Questions #219–229



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

O God, the strength of all who put their trust in You, mercifully grant that by Your power we may be defended against all adversity; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: Green

Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

February 10 - Silas, Fellow Worker of St. Peter and St. Paul Patriarch (**G**) (TDP p. 1276; CS p. 34)

February 13 - Aquila, Priscilla, Apollos (**G**) (TDP p. 1277; CS p. 36)

February 14 - Valentine, Martyr (**G**) (TDP p. 1278; CS p. 38)

Looking Forward to Sunday

Quinquagesima

Readings: 1 Samuel 16:1-13 or Isaiah 35:3-7; 1 Corinthians 13:1-13; Luke 18:31-43

Faith Alone

The seeing are blind, while the one who is blind can see (Luke 18:31-43). Jesus tells the twelve that He is going up to Jerusalem to suffer and die and rise again, but they cannot understand or grasp what He is saying. The meaning of His words is hidden from their sight. However, as Jesus makes His way up to Jerusalem, a blind man calls out to Him for mercy. This blind man sees that Jesus is the Messiah, the Savior, for he calls Him "*Son of David*." Indeed, Jesus is the Lord's anointed, the keeper of sheep (1 Sam. 16:1-13) who goes to lay down His life for the sheep. He is the incarnate love of the Father who suffers long and is kind, who is not puffed up, who never fails us (1 Cor. 13:1-13). Jesus opens the eyes of the blind (Is. 35:3-7) to see Him not according to outward appearances of lowliness, but according to His heart of mercy and compassion. Those who behold Him thus by faith follow Him to the cross through death into life.