



**For your life in Christ the Week of the  
Sixteenth Sunday after Trinity  
September 28–October 4, 2020**

*How to use this resource:* Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

***Begin***

***Invocation***

*The sign of the cross + may be made by all in remembrance of their baptism.*

In the name of the Father and of the + Son and of the Holy Spirit.

**Amen.**

***Hymn of the Week***

LSB #940 “Holy God, We Praise Thy Name” (v. 1-4)

***Recite***

***Apostles’ Creed***

I believe in God, the Father Almighty, maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

***Verse of the Week: Ephesians 4:31-32***

“Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.”

***The Family Altar***

**A Guide for Daily Meditation and  
Prayer in the Christian Home**

## *Meditate*

### *Psalm: 60-Day Psalm Schedule*

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
<b>Morning</b>	119:137-152	122, 123	125, 126	128	130	132	134
<b>Evening</b>	119:153-176	124	127	129	131	133	135

### *Daily Bible Stories*

<i>Day</i>	<b>Week 4: Old Testament Stories</b>
<b>Monday</b>	The Ministry of the Priests Begins - Leviticus 9:1-16, 22-24
<b>Tuesday</b>	The Profane Fire of Nadab and Abihu - Leviticus 10:1-7
<b>Wednesday</b>	<b>Abram Gives Lot the Choice of the Land - Genesis 13:1-12 (13-18)</b>
<b>Thursday</b>	The Day of Atonement - Leviticus 16:1-17 (18-19) 10-22, 34
<b>Friday</b>	The Levites Are Called to Serve as Priests - Numbers 3:1-16, 39-51
<b>Saturday</b>	Look Ahead to Sunday's Readings (see last page)
<b>Sunday</b>	Attend Divine Service

### *Daily Lectionary Readings*

<b>September 28</b>	Deut 1:1-18, Matt 5:1-20
<b>September 29</b>	Deut 1:19-36, Matt 5:21-48
<b>September 30</b>	Deut 1:37-2:15, Matt 6:1-15
<b>October 1</b>	Deut 2:16-37, Matt 6:16-34
<b>October 2</b>	Deut 3:1-29, Matt 7:1-12
<b>October 3</b>	Deut 4:1-20, Matt 7:13-29
<b>October 4</b>	Deut 4:21-40, Matt 8:1-17

## *Study*

### *The Catechism*

*Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.*

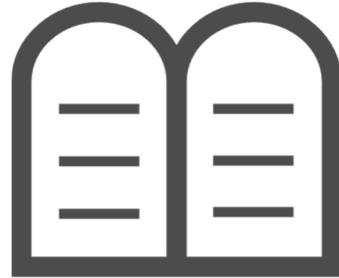
### **The 7<sup>th</sup> and 8<sup>th</sup> Commandments**

See p. 6 of the Learn by Heart Catechism

### **Catechism In-Depth**

1991 Catechism: Questions #59-62

2017 Catechism: Questions #78-87



## *Pray*

### *Kyrie*

Lord, have mercy. Christ, have mercy. Lord, have mercy.

### *Lord's Prayer*

#### *Collect for the Week:*

O Lord, we pray that Your grace may always go before and follow after us, that we may continually be given to all good works; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

#### *Daily Themes for Prayer*

**Monday:** Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

*Morning or Evening Prayer from the Catechism*

## Close

### *Blessing*

Let us bless the Lord.

### **Thanks be to God.**

The almighty and merciful Lord, the Father, the + Son,  
and the Holy Spirit, bless and preserve us.

**Amen.**

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## Observing the Church Year

*Liturgical Color(s) of the Week: Green; White*

*Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.*

*White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.*

### ***Feasts, Festivals, and Commemorations This Week***

*NOTE: The following resources contain great summaries of the observances of the church year*

1. TDP- "Treasury of Daily Prayer"
2. CS- "Celebrating the Saints"

September 29 - St. Michael and All the Angels (**W**) (TDP p. 768; CS p. 176)

September 30 - Jerome, Translator of Holy Scripture (**G**) (TDP p. 771; CS p. 178)

### ***Looking Forward to Sunday***

#### **The Seventeenth Sunday after Trinity**

**Readings:** Proverbs 25:6-14; Ephesians 4:1-6; Luke 14:1-11

#### **Whoever Humbles Himself Will Be Exalted**

*"Do not put yourself forward in the king's presence" (Prov. 25:6-14). Rather, take the lowest position at the table. Humble yourself before Him. For your place is not for you to take but for Him to give. Conduct yourself with all lowliness and gentleness, bearing with one another in love (Eph. 4:1-6), that the King may give you glory in the presence of those at the table with you. "For everyone who exalts himself will be humbled, and he who humbles himself will be exalted" (Luke 14:1-11). Is this not the way of Christ? He is the one who took the lowest place, who humbled Himself even to the point of death for us. He is now exalted to the highest place at the right hand of the Father that penitent believers may be exalted together with Him in the resurrection. To the humble at His Supper He says, "Friend, move up higher," giving you His very body and blood for your forgiveness that you may ascend to take part in the great wedding feast which has no end.*