



**For your life in Christ the Week of the
Sixth Sunday after Trinity
July 20-26, 2020**

How to use this resource: Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

Begin

Invocation

*The sign of the cross + may be made by all in remembrance of their baptism.
In the name of the Father and of the + Son and of the Holy Spirit.
Amen.*

Hymn of the Week

LSB #819 “Sing Praise to God the Highest Good” (vv. 1-3)

Recite

Apostles’ Creed

I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

Verse of the Week: 1 Peter 5:5-6

“Young men, in the same way be submissive to those who are older. All of you, cloth yourselves with humility toward one another, because ‘God opposes the proud but gives grace to the humble.’ Humble yourselves, therefore, under God’s mighty hand, that He may lift you up in due time.”

The Family Altar

*A Guide for Daily Meditation and
Prayer in the Christian Home*

Meditate

Psalm: 60-Day Psalm Schedule

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
Morning	109	112, 113	115	117, 118	119:1-24	119:49-72	119:89-112
Evening	110, 111	114	116	120, 121	119:25-48	119:73-88	119:113-136

Daily Bible Stories

<i>Day</i>	Week 47: Matthew Stories
Monday	Out of a Man's Heart Proceed Evil Thoughts - Matthew 15:1-20
Tuesday	A Canaanite Woman Trusts Jesus' Word - Matthew 15:21-31
Wednesday	The Feeding of the 4,000 - Matthew 15:32-39
Thursday	The Pharisees and Sadducees Seek a Sign - Matthew 16:1-12
Friday	The Confession of Peter and His Rebuke - Matthew 16:13-23
Saturday	Look Ahead to Sunday's Readings (see last page)
Sunday	Attend Divine Service

Daily Lectionary Readings

June 20	Prov 22:22-23:12, John 18:15-40
June 21	Prov 24:1-22, John 19:1-22
June 22	Prov 25:1-22, John 19:23-42 <i>Prov 26:1-28</i>
June 23	Prov 27:1-24, John 20:1-18 <i>Prov 28:1-29:27</i>
June 24	Prov 30:1-9, 18-33, John 20:19-31
June 25	Prov 31:10-31, John 21:1-25
June 26	Josh 1:1-18, Acts 8:1-25

Study

The Catechism

Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.

To Youth, Widows, and Everyone

Catechism In-Depth

1991 Catechism: p. 39

2017 Catechism: p. 37



Pray

Kyrie

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Lord's Prayer

Collect for the Week:

Lord of all power and might, author and giver of all good things, graft into our hearts the love of Your name, increase in us true religion, nourish us with all goodness, and of Your great mercy keep us in the same; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Morning or Evening Prayer from the Catechism

Close

Blessing

Let us bless the Lord.

Thanks be to God.

The almighty and merciful Lord, the Father, the + Son,
and the Holy Spirit, bless and preserve us.

Amen.

Observing the Church Year

Liturgical Color(s) of the Week: Green; White; Red

Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.

White - The color of the pure glory of Christ and the angels. Jesus comes at the fullness of time as the complete fulfillment of God's promises. Jesus' resurrection is the cause for our rejoicing. His purity before the Father becomes our purity.

Red - The color of fire and blood. Red symbolizes the gift of the Holy Spirit and the blood of the martyrs.

Feasts, Festivals, and Commemorations This Week

NOTE: The following resources contain great summaries of the observances of the church year

1. TDP- "Treasury of Daily Prayer"

2. CS- "Celebrating the Saints"

July 20 - Elijah (**G**) (TDP p. 542; CS p. 120)

July 21 - Ezekiel (**G**) (TDP p. 546; CS p. 122)

July 22 - St. Mary Magdalene (**W**) (TDP p. 549; CS p. 124)

July 25 - St. James the Elder (**R**) (TDP p. 559; CS p. 126)

Looking Forward to Sunday

The Seventh Sunday after Trinity

Readings: Genesis 2:7-17; Romans 6:19-23; Mark 8:1-9

Jesus Restores Paradise and Feeds Us Freely

In the Garden of Eden, our first parents received food freely from the gracious hand of God, apart from any burdensome work (Gen 2:7-17). But after the fall, food would be received only through toil and labor. The curse declared, *"By the sweat of your face you shall eat bread, till you return to the ground . . ."* (Gen. 3:19). In other words, *"The wages of sin is death"* (Rom. 6:23). But into this wilderness world came Jesus the Messiah to restore creation. Having compassion on the weary multitudes, He renewed the bounty of Eden on the third day, freely granting an abundance of bread to the 4,000 (Mark 8:1-9). So also our Lord Jesus, having endured the burden of our sin, was raised on the third day to bring us back to Paradise. He now miraculously turns the bread of death into the Bread of Life in the Sacrament, giving you His very body and blood for your forgiveness. For *"the free gift of God is eternal life in Christ Jesus our Lord"* (Rom. 6:23).