



**For your life in Christ the Week of the  
Feast of St. Michael and All Angels  
September 29–October 6, 2019**

*How to use this resource:* Pray and confess out loud as much from the order of meditation and prayer as you are able or as your family size and ages dictate. You will need your Bible, a Catechism, and an LSB Hymnal. Other resources named within may enrich your meditation.

***Begin***

***Invocation***

*The sign of the cross + may be made by all in remembrance of their baptism.*

In the name of the Father and of the + Son and of the Holy Spirit.

**Amen.**

***Hymn of the Week***

LSB #658 “Preserve Your Word, O Savior” (vv. 1–5)

***Recite***

***Apostles’ Creed***

I believe in God, the Father Almighty, maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.

***Verse of the Week: Proverbs 22:1***

“A good name is to be chosen rather than great riches, and favor is better than silver and gold.”

***The Family Altar***

**A Guide for Daily Meditation and  
Prayer in the Christian Home**

## *Meditate*

### *Psalm: 60-Day Psalm Schedule*

	<i>Mon.</i>	<i>Tues.</i>	<i>Wed.</i>	<i>Thurs.</i>	<i>Fri.</i>	<i>Sat.</i>	<i>Sun.</i>
<b>Morning</b>	22	26, 27	30	32	33	35	37
<b>Evening</b>	23, 24	25	28, 29	31	34	36	38

### *Daily Bible Stories*

<i>Day</i>	<b>Week 5: Old Testament Stories</b>
<b>Monday</b>	God's Covenant with Abram - The Promise of a Son - Genesis 15:1-6
<b>Tuesday</b>	Hagar and Ishmael - Genesis 16:1-16
<b>Wednesday</b>	<b>Jesus Prays for His Enemies - Luke 23:33-43</b>
<b>Thursday</b>	Circumcision and Abram's Name Change as Signs of the Covenant - Genesis 17:1-11 (12-14)
<b>Friday</b>	Sarai's Name Change - Genesis 17:15-27
<b>Saturday</b>	Look Ahead to Sunday's Readings (see last page)
<b>Sunday</b>	Attend Divine Service

### *Daily Lectionary Readings*

<b>September 30</b>	Deut 1:37-2:15, Matt 6:1-15
<b>October 1</b>	Deut 2:16-37, Matt 6:16-34
<b>October 2</b>	Deut 3:1-29, Matt 7:1-12
<b>October 3</b>	Deut 4:1-20, Matt 7:13-29
<b>October 4</b>	Deut 4:21-40, Matt 8:1-17
<b>October 5</b>	Deut 5:1-21, Matt 8:18-34
<b>October 6</b>	Deut 5:22-6:9, Matt 9:1-17

## *Study*

### *The Catechism*

*Participants may choose to study the catechism at their own pace or follow along with the selected portion of the catechism for the week.*

### **The 7<sup>th</sup> and 8<sup>th</sup> Commandments**

See p. 6 of the Learn by Heart Catechism

### **Catechism In-Depth**

1991 Catechism: Questions #59-62

2017 Catechism: Questions #78-87



## *Pray*

### *Kyrie*

Lord, have mercy. Christ, have mercy. Lord, have mercy.

### *Lord's Prayer*

#### *Collect for the Week:*

Everlasting God, You have ordained and constituted the service of angels and men in a wonderful order. Mercifully grant that, as Your holy angels always serve and worship You in heaven, so by Your appointment they may also help and defend us here on earth; through Your Son, Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

#### *Daily Themes for Prayer*

**Monday:** Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace. **Tuesday:** Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins. **Wednesday:** Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods. **Thursday:** Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood. **Friday:** Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying. **Saturday:** Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts. **Sunday:** Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

*Morning or Evening Prayer from the Catechism*

## Close

### *Blessing*

Let us bless the Lord.

**Thanks be to God.**

The almighty and merciful Lord, the Father, the + Son,  
and the Holy Spirit, bless and preserve us.

**Amen.**

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## Observing the Church Year

### *Liturgical Color(s) of the Week: Green*

*Green - The color of growth. During this season we grow and mature in our understanding of Jesus and His teachings.*

### *Feasts, Festivals, and Commemorations This Week*

*NOTE: The following resources contain great summaries of the observances of the church year*

*1. TDP- "Treasury of Daily Prayer"*

*2. CS- "Celebrating the Saints"*

September 30 - Jerome, Translator of Holy Scripture (**G**) (TDP p. 771; CS p. 178)

### *Looking Forward to Sunday*

#### **The Sixteenth Sunday after Trinity**

**Readings:** 1 Kings 17:17-24; Ephesians 3:13-21; Luke 7:11-17

#### **Jesus Calls Forth Life from Death**

A large funeral procession carrying the only son of a widow is confronted by another large procession, Jesus and His followers. Death and Life meet face to face at the gate of the city (Luke 7:11-17). Filled with compassion, Jesus comes into direct contact with our mortality in order to overcome it. He touches the coffin and speaks His creative words of life, "*Young man, I say to you, arise.*" Jesus does what is neither expected nor requested. For through Christ, God the Father "is able to do far more abundantly than all we ask or think" (Eph. 3:14-21). Jesus bore our death in His body that we may share in His resurrection. Even as Elijah stretched himself out three times over the Zarephath woman's son (2 Kings 17:17-24), God stretched Himself out over us in the threefold application of His name in the baptismal water, breathing new and everlasting life into us. "*To Him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.*"